



# Maha Quiz 2024:

Nine Teams representing every subject joined hands to celebrate National Consciousness on the eve of Gandhi Jayanti.

## Grand Quiz Competition on 'My Nation, My Pride: India' Held at Gurukul Mahila College on Gandhi Jayanti

In celebration of Gandhi Jayanti, Gurukul Mahila Arts & Commerce College, Porbandar, hosted a quiz competition on the theme 'My Nation, My Pride: India,' under the guidance of Principal Dr. Anupam Nagar. Nine teams from various departments participated, with team names inspired by Indian historical figures like Ram, Krishna, Prithviraj Chauhan, and Mahatma Gandhi. The event began with a welcome address by Dr. Ketki Pandya, followed by the honoring of chief guests Dr. Milan Vasavada, Dr. Sameer Tejura, and Dr. Nitin Makwana.

The quiz, conducted by Dr. Nagar as the quiz master, covered topics such as India's history, philosophy, Gandhian ideals, and patriotic songs. The lively atmosphere kept the participants and audience engaged throughout the nine rounds. Team Veer Savarkar (Commerce - English Medium) secured the first position, followed by Team Prithviraj Chauhan (English Department) and Team Mahatma Gandhi (Home Science). The winning teams received cash prizes of Rs. 5000, Rs. 2500, and Rs. 1500, respectively.

In addition to the quiz, a special Gandhi literature exhibition was organized by the college library. NSS volunteers also conducted a cleanliness drive under the 'Swachhata Hi Seva' initiative, covering areas like Bharat Mandir, Gayatri Mandir, and the Dr. Savita Didi Museum. The event was a great success, thanks to the efforts of the Gandhi Ideals Promotion Committee, NSS, and student volunteers. The entire event was coordinated by Ms. Aditi Dave and Judged by Dr. Ketki Pandya and Dr. Sharmistha Patel.

## Gandhi Philosophy and Vision Examination Held at Gurukul Women's College on the Occasion of Gandhi Jayanti

On the occasion of Gandhi Jayanti, Gurukul Mahila Arts and Commerce College, Porbandar, inspired by the thoughts of Mahatma Gandhi and Swami Dayanand Saraswati, organized the "Gandhi Philosophy and Vision Examination" through

digital means. This event was conducted under the guidance of Dr. Ketkiben Pandya, Chairperson of the Gandhi Thought Propagation and Dissemination Committee, and motivated by the leadership of the college Principal, Dr. Anupambhai Nagar

A total of 90 students registered for this exam under the Gandhi Thought Propagation and Dissemination Committee. The committee encouraged the participating students to read literature related to the teachings and philosophies of Mahatma Gandhi in preparation for the exam.

The exam itself was conducted on the college premises using Google Forms, where a quiz was designed to assess the students' understanding of Gandhi's philosophies and vision. This digital approach made the exam more accessible and convenient for all participants.

The success of the examination was the result of the dedicated efforts of Dr. Ketkiben Pandya, along with committee members Ms. Aditiben Dave and Ms. Parulben Shukla, who worked diligently to ensure smooth execution of the event.



*Service to Man is Service to God – MK Gandhi*



**Sharks existed before trees!** Sharks have been around for over 400 million years, while trees appeared about 350 million years ago.

## Self-Defense Training Program Held at Gurukul Mahila College

A Self-Defense Training Program was organized at Gurukul Mahila Arts and Commerce College, Porbandar, under the joint initiative of the Physical Education, Yoga, Sports Department, and the NSS unit. The 15-day training, held from September 2 to September 27, 2024, was conducted by Maheshbhai from Extreme Fitness, a renowned fitness institute in Porbandar. The primary aim of the program was to equip students with self-defense skills in light of the increasing incidents that make women feel unsafe in public spaces.

The concluding event was graced by the presence of Ketanbhai Kotia, owner of Extreme Fitness, and his team. The Chairperson of the Physical Education Department, Prof. Shobhanaben Vala, welcomed everyone, followed by student presentations showcasing what they learned during the training. Vice Principal Prof. Rohinaba Jadeja delivered an inspirational address, while Ketanbhai Kotia provided motivational closing remarks. The black belt trainer from Extreme Fitness demonstrated self-defense techniques and introduced the students to karate's core principles.

Additionally, skits on drug de-addiction and cleanliness were performed, further adding to the program's impact. The event was made successful through the collective efforts of faculty members, including Prof. Iluben Gamit, Prof. Nileshbhai Karavadra, Prof. Rinaben, NSS Officers Dr. Ketkiben Pandya and Dr. Rajendrabhai Chaudhary, and NSS representatives. Principal Dr. Anupamratanshanker Nagar and Ketanbhai Kotia extended their guidance and support, while the students displayed great enthusiasm throughout the program.



## Empowering Students with Essential Self-Defense Skills for Personal Safety



## Gurukul Mahila Arts and Commerce College Launches 'Swachhhta Hi Seva' Sea-Shore Cleaning Drive in Porbandar

Porbandar, October 2, 2024 – Demonstrating unwavering commitment to environmental conservation and the realization of Mahatma Gandhi's vision of cleanliness, Gurukul Women's Arts and Commerce College, Porbandar, organized a significant sea shore cleaning initiative under the government's 'Swachhhta Hi Seva' campaign. The event was conducted in collaboration with the National Service Scheme (NSS) and took place at the residence of Central Minister and Porbandar MP, Dr. Mansukhbhai Mandviya.



The clean-up drive saw the active participation of esteemed dignitaries, including Porbandar MLA Arjunbhai Modhawadia, former Cabinet Minister Babubhai Bokharia, President of Nagar Sevashadan Dr. Chetanaben Trivedi, District State Director Dushyant Bhatt, District Youth Officer Meghaben, renowned poet Narasimha Mahata, and NSS Coordinator of Vishwavidyalaya Dr. Paragbhai Devani. Additionally, NSS program officers and dedicated volunteers from all colleges across Porbandar district joined forces to ensure the success of the initiative.

Commencing at 6:00 AM, the volunteers diligently worked along the coastline until 9:00 AM, collectively contributing their time and effort to maintain the cleanliness of the sea shore. The event was marked by enthusiastic participation and a strong spirit of community service.

Dr. Rajendrabhai Chaudhari and Dr. Ketkiben Pandya, NSS Program Officers from Gurukul Women's Arts and Commerce College, led the endeavor alongside approximately 100 NSS volunteers. Their leadership was instrumental in mobilizing the participants and coordinating the activities effectively. The college's Principal, Dr. Anupambhai Nagar, provided invaluable guidance and support, ensuring the smooth execution of the program.

The successful organization of the event was spearheaded by dedicated student representatives, including K.K. Dhara Chelawada, K.K. Priya Vara, K.K. Mayuri Ranavaya, K.K. Raji Parmar, and K.K. Khushi Joshi, who worked tirelessly to manage and oversee the various aspects of the campaign.

**The End of Culture is Perfection;  
The End of education is Character**



## RASOTSAV CELEBRATED AT GURUKUL MAHILA COLLEGE, PORBANDAR

*"Vibrant Rasotsav: Celebrating Tradition and Joy at Gurukul Mahila College!"*

Porbandar's Gurukul Mahila College organized a Ras Garba and Maha Aarti event to mark the occasion of Navratri. Under the management of the Rajratna Shreshthishri Nanjibhai Kalidas Mehta Arya Kanya Vidyalaya Trust, the event was conducted at Gurukul Mahila Arts & Commerce College. The celebration was part of the "Geet Sangeet Nritya Dhara" and took place under the guidance and inspiration of Principal Dr. Anupam Nagar. Dr. Shantiben Modhvadiya, Chairperson of the "Geet Sangeet Nritya Dhara," along with other members, successfully organized this vibrant Rasotsav.

The event commenced with the faculty and students performing the Aarti of Maa Jagdamba. Following the Aarti, the female professors and students enthusiastically participated in traditional Garba dances to celebrate Navratri. As per the ancient traditions of Gurukul, the students danced with energy and joy, performing Garba, Raas, Dakla, Heench, and Sanedo to both classical and modern Navratri tunes. The event also featured competitions for "Best Garba Dancer" and "Best Costume." Each participant was given a badge number, and based on these, winners were selected.



In the "Best Garba Dancer" category, the winners were: Ashika Baraiya (1st place), Sheetal Ranavaya (2nd place), and Riya Karavadra (3rd place). For "Best Costume," the winners were Hetal Samand (1st place), Arya Donga (2nd place), and Shruti Bokhiriya (3rd place).

During the Rasotsav, cash prizes were awarded by Dr. Shantiben Modhvadiya, along with other members, including Prof. Rohiniba Jadeja and Dr. Ketkiben Pandya. Additionally, the winners received beautiful gifts sponsored by Prof. Shobhana Vala of the Home Science Department. Dr. Namrataben Samani from the Home Science Department and Prof. Amiben Padhiya from the Commerce Department served as judges for the competitions.

The successful organization of the Rasotsav was made possible through the efforts of the Chairperson and all members of the "Geet Sangeet Nritya Dhara," as well as student representatives Raji Parmar, Khushi Joshi, and Shweta Bhogayata.



**"In the rhythm of Garba, we honor the divine, dance to our heritage, and celebrate the strength of the goddess within us all."**

**GMC: Where Culture Meets Education...**



• **Octopuses have three hearts.** Two pump blood to the gills, while the third pumps it to the rest of the body. When they swim, the heart to the body actually stops beating.

*I think therefore I am -  
RD*

# Gurukul Mahila College Achieves A++ Grade in NAAC's Seventh Criterion of Institutional Values and Best Practices

Gurukul Mahila Arts and Commerce College in Porbandar, inspired by the philosophies of Swami Dayanand Saraswati, Mahatma Gandhi, and Rabindranath Tagore, has achieved an A++ grade under the seventh criterion, \*Institutional Values and Best Practices\*, in the recent NAAC accreditation, under the leadership of Principal Dr. Anupamratanshanker Nagar. For over five decades, the college has been renowned for imparting value-based education to daughters of the nation, distinguishing itself through unique practices such as evening prayers, traditional rituals, the Saptadhara initiative, the Gandhi Thought Center, and various welfare activities. The recent NAAC visit resulted in an impressive overall score, with the college earning 370 out of 400 marks in the seventh criterion and an overall score of 2.99, qualifying the institution with a B++ grade.

The success of this NAAC accreditation is attributed to the relentless efforts of Principal Dr. Nagar, who has overseen five NAAC cycles across two institutions, making him a pioneer in Saurashtra. The accomplishment also reflects the dedication of Deputy Principal Prof. Rohiniba Jadeja, Co-Coordinator Dr. Ketkiben Pandya, the heads of the NAAC criteria, Officers on Special Duty Ms. Aditi Dave and Ms. Parul Shukla, Administrator Shri Amitbhai Bhatt, administrative staff, support staff, and the students. The trustees have extended their congratulations and blessings to all for their hard work in successfully completing this rigorous process.

*You are not just empowering the minds, but you are transforming the hearts.*

—

**Prof. Milind Pande**



*To be or not to be that is the question.  
William Shakespeare*

# Gurukul Mahila College Celebrates Nation Development Week 2024

Gurukul Mahila College recently celebrated Development Week 2024, aligned with the Gujarat government's initiative to highlight India's progress as a global economic superpower. Activities held from October 7 to 15 included seminars on entrepreneurship and startup opportunities, led by Commerce Department heads Dr. Bharat Singh Dodiya and Prof. Nimisha Pandit, along with special guest Mr. D.R. Parmar from the District Industries Centre in Porbandar. NSS Program Officer Dr. Rajendra Chaudhary addressed students on the importance of a development pledge, while an NGO, 'InTech,' facilitated discussions on Gujarat's heritage.

The celebration also featured essay writing on Gujarat's contributions to national development under the guidance of various department heads, including Dr. Sharmistha Patel and Dr. Ketaki Pandya, who organized oratory activities related to India as a global leader. Students participated in site visits to historic locations and engaged in art and chart-making activities to reflect Gujarat's excellence. The week concluded with enthusiastic involvement from faculty and students, supported by Principal Dr. Anupam Nagar and coordinated by C.D.C. Coordinator Dr. Nayan Tank, ensuring a successful observance of this significant event.



**Viksit  
Bharat  
2024  
embodies  
the vision  
of a  
prosperous,  
inclusive,  
and self-  
reliant  
India,  
where  
innovation  
and unity  
pave the  
path for a  
brighter  
future.**

**-NEP-  
2020**