

GMC-OUR BEST-PRACTICES

Best Practice No. 01:

1. Title of the Practice: Value Education through Study-circle Activity

2. Objectives of the Practice:

- To foster value based education.
- To prepare responsible and committed citizens.
- To encourage practical spirituality

3. The Context: In an environment where human values and ethos are taking a backseat it is imperative that institutions of higher learning take the initiative and the responsibility of preparing citizens who understand that value systems alone in the long run would help them to traverse the trials and tribulations of life and living. Again, the founding father of our Institution Raj-Ratna Shreshthi Shri Nanjibhai Kalidas Mehta, a contemporary of Mahatma Gandhi and Rabindranath Tagore had visualized the College as a centre where women of character and substance would be prepared for the nation. And therefore it is our prime institutional responsibility to ensure that students of this institute remain unfazed and unruffled by the changing winds of time. In addition, the Arya Kanya Gurukul Trust has all these eight decades maintained in its pristine form all the rites and rituals as Yagnam, Yagnopavit (Sacred-thread ceremony et.al) for all those who reside in the Hostel.

4. The Practice: 18 committees have been constituted for developing skill, knowledge and efficiency. Every fortnight our teachers through the Studycircle ctivities impart among others practical lessons of Value-based education through their respective subjects. These practices lead to inculcating a positive attitude awareness about our glorious past Indian heritage and history national integration and developing a healthy relationship with our immediate environment. Consequently virtues of self-restraint, self-discipline, contentment, find ample space in their process of learning. Students as Class-representatives are encouraged to take up responsibility, which in turn creates a strong learning environment that enhances academic and curricular attainment and eventually develops a students social, cultural and interpersonal human values in keeping with Indian ethos and value-systems. The avenues for developing and fostering Value-based practices include among others (a) Morning Prayer (b) Yagna (Havan) (c) Veda Mantra recitation and (d) Yoga Meditation.

5. Evidence of Success: The Alumni & Parents more than often appreciate during interface meets how they miss Gurukul and its spiritual ambience. Parents too during PTA express their pride as their wards have been former students of Gurukul and that they have been successful in life solely on account of the value education imparted by the institution. Faculty members organize counseling sessions on value education periodically.

6. Problems Encountered and Resources Required: All problems were amicably resolved and all necessary resources were made available for the staff & students.

Best Practice No. 02:

1. Title of the Practice: Saptdhara (Co-curricular Sports Activity through Seven Societies for Integral Education) 2. Objectives of the Practice:

- To bring out the latent talent/Skill of the students.
- To develop skills pertaining to music (Sangeet dhara), dance (Nritya dhara), theatre (Natya dhara), service (Samudayak seva dhara), knowledge (Gyana dhara), Creative writing (Sarjanatmak abhivyakti dhara), Yoga (Khel-kood yog vyayam dhara), Fine Arts (Ranag-kala-kaushalya dhara).
- To create greater market value of the students of GMC.

3. The Context: Integral/holistic development of the students is one of the objectives of education. And herein too students need to moulded and well-grounded in Indian value-systems keeping obviously the contemporary needs of the employment market in mind. And therefore, the Institution envisages a balanced growth that incorporates among others an appreciation of the Vedic practices and hand-in-hand, a knowledge of Information technology through need-based computer courses. Quintessentially, the Institution offers: (i) The seven societies that conducts activities in keeping with Indian ethos and values (as stated in the Academic Calendar). (ii) 12 Short-term/add-on courses to sharpen among others their computer and linguistic skills.

4. The Practice: Every society/dhara has a faculty coordinator and a faculty member to coordinate the activities every term. It is imperative for every student to be a part of at least one society/dhara in every term. The Coordinators of the society/dhara also invite external experts for training and coaching purposes.

5. Evidence of Success: The alumni often appreciate during interface meets how they miss Gurukul and its integral approach to education that helped them in becoming successful in their chosen areas of work. Parents too during PTA express their happiness as their wards have been former students of Gurukul and that they have been successful in life solely on account of the skill development courses imparted by the institution.

6. Problems Encountered and Resources Required: Some parents found it difficult to pay nominal fees of the courses and the teachers accordingly came to their aid and sponsored many of them.



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